## **CAMP CONQUEST PACKING LIST**

We want everyone to enjoy camp and be as comfortable as possible. We have provided a few guidelines to help you pack for your time at Camp Conquest.

## Camp Conquest Clothing Guidelines

<u>Bottoms:</u> Shorts should be as long as the fingertips when arms are fully extended at your side. Leggings may only be worn with shorts over them.

<u>Tops:</u> All shirts must cover your stomach, even when arms are raised. Tank top straps must be at least 3 fingers in width.

<u>Swimsuits:</u> Girls must wear a modest one piece, or a two-piece that completely covers their stomach, and shorts. Males must wear swim trunks (no speedos allowed).

<u>Footwear:</u> Sandals must have a strap around the back and the top of the foot, ie: Chacos, Tevas, etc. Flip flops may only be worn to the bathroom and pool.

- Please pack the following items:
- Bible
- Disposable Camera
- Flashlight
- Water bottle
- Shorts
- T-shirts
- Swimsuits
- Tennis shoes
- Shower shoes
- Socks
- Underwear
- Sleepwear
- Rain jacket or poncho
- Sweatshirt or jacket
- Jeans and/or sweatpants (campers MUST have long pants to ride horses)
- Toiletries: toothbrush/toothpaste, shampoo/ conditioner, soap, deodorant, hairbrush/ comb
- Bath towel and wash cloth
- Pool towel

- Sunscreen
- Bedding: sleeping bag or twin sheets, blanket and a pillow (please pack double for campers if prone to nighttime accidents)
- Costumes for parties!
- Medications
  ALL MEDICATIONS MUST BE IN
  ORIGINAL LABELED PRESCRIPTION
  BOTTLES. THIS INCLUDES HERBS AND
  VITAMINS. PLEASE LABEL EVERYTHING!
- DO NOT bring: fans, digital or video cameras, expensive jewelry, large sums of money, radios, cd players, cell phones\*, snacks, gum, soda, candy, or cigarettes/tobacco products. If brought to camp, these items will be taken and returned at the end of the week.

Please pack enough clothing for 5 days of camp plus 3-5 extra pairs of clothing.

\*For the safety of ALL of our campers and volunteers, Camp Conquest does not allow campers or volunteers to be in possession of cell phones at camp. If brought to camp, cell phones will be securely stored and returned at the end of the week. Phones will be available if you need to call home in an emergency. Volunteers and campers may speak to the Camp Director, Becca Bryant if they have questions regarding this policy.